



BREAKFAST

8:30AM TO 10:30AM

EGGS BENNY 23

poached eggs, house made hollandaise, english muffin, breakfast potatoes

CHOICE OF

back bacon - OR - smoked salmon

VEGGIE BENNY 21

poached eggs, roasted tomato, avocado,
house made hollandaise, english muffin, breakfast potatoes

T19 BREAKFAST BOWL 21

two eggs cooked to order, potato hash with red peppers/spinach/corn, multigrain toast

CHOICE OF

maple smoked bacon + breakfast sausage

- OR -

roasted tomato + avocado

BEAR'S BREAKFAST SANDWICH 18

two fried eggs, smoked bacon, tomato, cheddar, mayo, hashbrown, brioche bun
served with breakfast potatoes

GOOD START TO THE DAY BOWL 21

açai-chia seed pudding, house made vegan granola,
berries, banana, toasted coconut

SMOKED SALMON + AVOCADO FOCACCIA 23

two poached eggs, focaccia, avocado, smoked salmon,
crispy capers, pickled red onion, arugula

HOUSE MADE BERRY WAFFLES 21

pure maple syrup, citrus butter, fresh berries, powdered sugar

SAVOURY WAFFLES 22

gruyere cheese gratinée, back bacon, sunny side egg

Table Nineteen eggs are free run. Please note, our kitchen contains nuts, soy, wheat and other known allergens and cross contamination may occur; advise your server of any known allergies. 18% gratuity added for groups of 6 + larger. Taxes extra.